

# Breast Enlargement – also known as Augmentation (Augmentation Mammoplasty)

Breast augmentation, technically known as augmentation mammoplasty, is a surgical procedure to enhance the size and shape of a woman's breast using saline-filled or gel implants. By inserting an implant behind each breast, surgeons are able to increase a woman's bust line by one or more bra cup sizes.

## The Breast Augmentation Procedure

The specifics of the Breast Augmentation procedure, as with all procedures vary from individual to individual.

## Best Candidates for Breast Augmentation

The best candidates for breast augmentation surgery are:

- Women who are physically healthy and emotionally stable with realistic expectations as to what the surgery can and cannot do
- Women who feel their breast size is too small
- Women who want a balanced pair of breasts

## Risks

All surgery carries risk, and you should be fully aware of the medical risks associated with this procedure before you consent to surgery. Your surgeon will discuss these risks with you during your consultation, and you are encouraged to ask questions if there is anything you do not understand.

You will be required to sign a consent form before surgery stating that you have been informed of the risks involved; that you understand those risks; and that you accept those risks. This is standard hospital protocol and surgery will not be performed if you do not sign. It is your obligation to inform your surgeon of key medical information that may influence the outcome of your surgery or may increase the level of risk. These include medications you are taking, history of disease, medical complications, etc.

Risks and risk rates vary from patient to patient depending on a range of factors. No two people are alike. **The risks listed below are possible risks associated with this type of surgery and are mentioned regardless of how remote the possibility:**

**Lack of implant permanence - surgical removal or replacement of the implants may be required to treat problems, including: deflation; the formation of scar tissue around the implant (capsular contracture), which may cause the breast to feel tight or hard; bleeding or infection. Increase or decrease in sensitivity of nipples or breast skin, occasionally permanent. Mammography requires a special technique.**

## Your Consultation

Your physician consultation is very important, because it is the moment when you can discuss your medical issues face-to-face with your doctor. If you are traveling from overseas, this will be the first time you meet with your doctor so it is critical that he/she understands:

- Your medical needs
- Your expectations
- Your medical history

Most people have a good idea of what the procedure or outcome they want ("I want bigger breasts"), and the physician's responsibility is to listen and then explain what can be done, the procedures or techniques to achieve your objectives, and the risks and costs involved.

You will have a lot of questions to ask, so preparation is key to making the most of your consultation. We suggest that you:

- Write your questions down to make sure you remember them
- Come with your medical history/survey already completed
- Bring any photos or visual aids that will help explain what it is you want or expect from treatment

### **What The package Includes**

A routine Breast Implant Package with 1 night length of stay in the surgical unit including Smooth Saline or Smooth Gel implant.

#### **The package Includes:**

- Operating Room Charges: OR Room Use , Recovery Room , Scrub & Circulate Nurse
- Accommodation for 1 night in the surgical floor including: Room, Nursing Service Charges, Service Charges, Regular menu food charges
- Laboratory Testing: necessary for the procedure if required by surgeon as CBC, PT & PTT, Urinalysis, Anti HIV
- Radiology Studies: Chest X-ray, if required
- Medical Equipment and Medical Supplies necessary for the procedure including Smooth Saline or Smooth Gel implant.
- Anesthesia: Pre-Anesthetic Drugs, Anesthesia , Medical Gas (Oxygen, Nitrous Oxide)
- Medications: Routine medication used for procedure and during admission only
- Doctor Fees
  1. Surgeon Fees
  2. Anesthesiologist Fees

#### **The Package Excludes:**

- Charges for inpatient stays in excess of 1 night. Additional charges for these days including room and other charges will be added to the package price at a normal hospital rates;
- Charges for other procedure(s) or other plastic surgery procedure(s);
- Charges for intensive care, if necessary;
- Outpatient fees and expenses incurred before admission e.g. EKG;
- Other charges for laboratory profiles and medications not related to the procedure;
- Medications not related to the procedure

**Please note that this information should be used only as a guide to your treatment. All specifics will be discussed with your Physician at your consultation.**