

Blepharoplasty (Eyelid Surgery)

The Effect of Blepharoplasty

Also known as Eyelid surgery, this is a procedure that removes fat along with excess skin and muscle from the upper and lower eyelids, resulting in a more alert and youthful look.

The Blepharoplasty Procedure

Blepharoplasty can be performed on the upper or lower lids, or all four at the same time.

Best Candidates for Blepharoplasty

Men and women over the age of 35

Risks

All surgery carries risk, and you should be fully aware of the medical risks associated with this procedure before you consent to surgery. Your surgeon will discuss these risks with you during your consultation, and you are encouraged to ask questions if there is anything you do not understand.

[More details about your consultation.](#)

You will be required to sign a consent form before surgery stating that you have been informed of the risks involved; that you understand those risks; and that you accept those risks. This is standard hospital protocol and surgery will not be performed if you do not sign.

[More details about the required forms.](#)

It is your obligation to inform your surgeon of key medical information that may influence the outcome of your surgery or may increase the level of risk. These include medications you are taking, history of disease, medical complications, etc.

Risks and risk rates vary from patient to patient depending on a range of factors. No two people are alike. **The risks listed below are possible risks associated with this type of surgery and are mentioned regardless of how remote the possibility:**

Temporary blurred or double vision. Infection, bleeding. Swelling at the corners of the eyelids. Dry eyes. Formation of whiteheads. Slight asymmetry in healing or scarring. Difficulty in closing eyes completely (rarely permanent). Pulling down of the lower lids (may require further surgery). Blindness (extremely rare).

[More details about the risks involved in plastic surgery](#)

Surgery

Time required: 1-3 hours

Anesthesia: Local with sedation or general

Post surgical side effects

Tightness of lids

Burning, itching of eyes

Excessive tearing and light sensitivity

Blepharoplasty Recovery time

Reading: 2-3 days

Back to work: 7-10 days

Strenuous activity: 3 weeks

Bruising and swelling gone: 2-4 weeks

Please note that this information should be used only as a guide to your treatment. All specifics will be discussed with your physician at your consultation.

Your Consultation

Your physician consultation is very important, because it is the moment when you can discuss your medical issues face-to-face with your doctor. If you are traveling from overseas, this will be the first time you meet with your doctor so it critical that he/she understands:

- Your medical needs
- Your expectations
- Your medical history

Most people have a good idea of what the procedure or outcome they want ("I want smaller breasts"), and the physician's responsibility is to listen and then explain what can be done, the procedures or techniques to achieve your objectives, and the risks and costs involved.

You will have a lot of questions to ask, so preparation is key to make the most of your consultation. We suggest that you:

- Write your questions down to make sure you remember them
- Come with your medical history/survey already completed
- Bring any photos or visuals aids that will help explain what it is you want or expect from treatment

Please note that this information should be used only as a guide to your treatment. All specifics will be discussed with your Physician at your consultation.